



## M2M Group Class Schedule 2023

### MONDAY

6am	SIX pack
10am	Mat/Tower 1
6pm	SIX pack
7pm	Mat/Tower 1

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### TUESDAY

7am	Mat/Tower 2
10am	Mat/Tower 2
5pm	Contrology
7pm	Mat/Tower 1

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### WEDNESDAY

6am	SIX pack
9am	Mat/Tower 2
10am	Mat/Tower 1
6pm	SIX pack

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### THURSDAY

7am	Mat/Tower 2
10am	Mat/Tower 1
5pm	Contrology
6pm	Mat/Tower 2

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### FRIDAY

6am	SIX pack
10am	Mat/Tower 2
6pm	SIX pack

M2M Studio

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